

Monkey Bars Challenge Moves

Difficulty: Hard

N E N D U R A N C E S Q Y
F O P S A R G E R M H H T
N O I T A N I D R O O C I
B I R T G J A V M M U U L
O R B W I C N Z H E L N I
V E A K A S T L T N D D B
E L C C I R N R Y T E E I
R E K Y H P D A H U R R X
S A S G R I P S R M M S E
W S W I N G A I W T O W L
I E I M G G A T N I U I F
N E N G L I D E E G N N A
G K G E S R E V A R T G K

Find these words:

SHOULDERMOUNT

FLEXIBILITY

BRACHIATE

ENDURANCE

KIPPING

RHYTHM

GLIDE

FORWARDSWING

TRANSITION

OVERSWING

MOMENTUM

RELEASE

SWING

GRIP

COORDINATION

UNDERSWING

BACKSWING

TRAVERSE

REGRASP

GIANT