

# World Mental Health Day

Difficulty: Hard

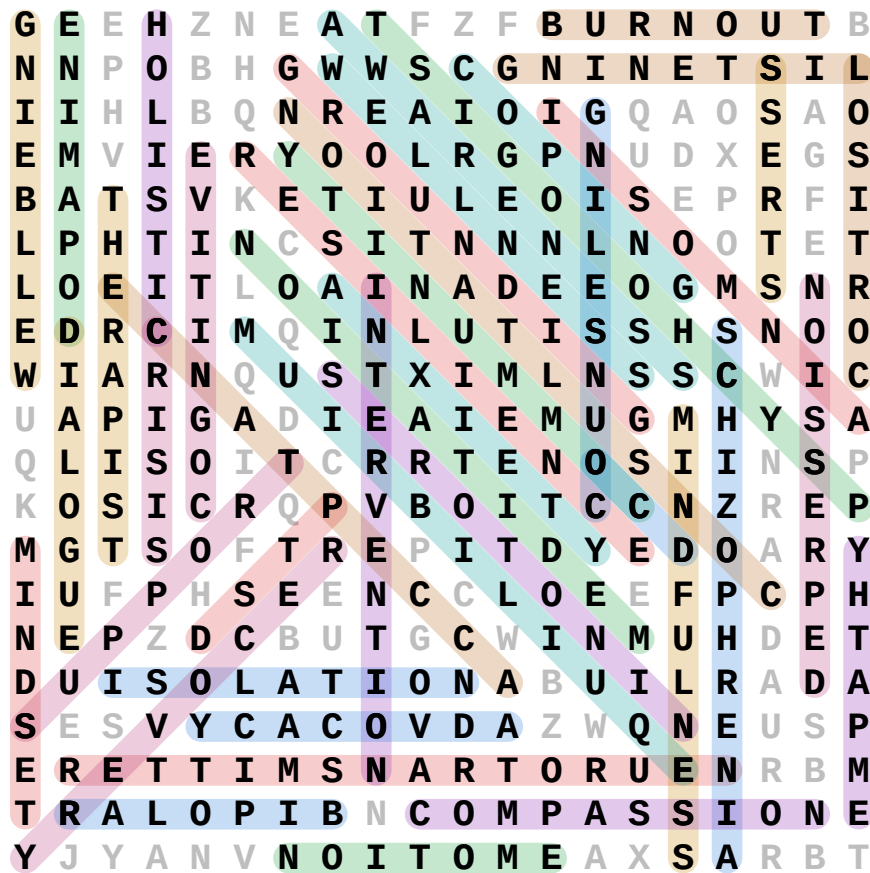
G E E H Z N E A T F Z F B U R N O U T B  
N N P O B H G W W S C G N I N E T S I L  
I I H L B Q N R E A I O I G Q A O S A O  
E M V I E R Y O O L R G P N U D X E G S  
B A T S V K E T I U L E O I S E P R F I  
L P H T I N C S I T N N N L N O O T E T  
L O E I T L O A I N A D E E O G M S N R  
E D R C I M Q I N L U T I S S H S N O O  
W I A R N Q U S T X I M L N S S C W I C  
U A P I G A D I E A I E M U G M H Y S A  
Q L I S O I T C R R T E N O S I I N S P  
K O S I C R Q P V B O I T C C N Z R E P  
M G T S O F T R E P I T D Y E D O A R Y  
I U F P H S E E N C C L O E E F P C P H  
N E P Z D C B U T G C W I N M U H D E T  
D U I S O L A T I O N A B U I L R A D A  
S E S V Y C A C O V D A Z W Q N E U S P  
E R E T T I M S N A R T O R U E N R B M  
T R A L O P I B N C O M P A S S I O N E  
Y J Y A N V N O I T O M E A X S A R B T

Find these words:

|                  |               |              |              |
|------------------|---------------|--------------|--------------|
| NEUROTRANSMITTER | SCHIZOPHRENIA | PSYCHOLOGIST | CONSULTATION |
| INTERVENTION     | MINDFULNESS   | EQUILIBRIUM  | DEPRESSION   |
| RESILIENCE       | COUNSELING    | MEDITATION   | ACCEPTANCE   |
| COMPASSION       | THERAPIST     | AWARENESS    | COGNITIVE    |
| GROUNDING        | ISOLATION     | COMMUNITY    | LISTENING    |
| SEROTONIN        | WELLBEING     | WELLNESS     | RECOVERY     |
| INSOMNIA         | ADVOCACY      | DOPAMINE     | CORTISOL     |
| HOLISTIC         | DIALOGUE      | ANXIETY      | SUPPORT      |
| MINDSET          | BIPOLAR       | EMOTION      | BURNOUT      |
| EMPATHY          | STRESS        | COPING       | CRISIS       |
| PTSD             | OCD           |              |              |

# World Mental Health Day - Answer Key

Difficulty: Hard



## Words found:

|                  |               |              |              |
|------------------|---------------|--------------|--------------|
| NEUROTRANSMITTER | SCHIZOPHRENIA | PSYCHOLOGIST | CONSULTATION |
| INTERVENTION     | MINDFULNESS   | EQUILIBRIUM  | DEPRESSION   |
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| COMPASSION       | THERAPIST     | AWARENESS    | COGNITIVE    |
| GROUNDING        | ISOLATION     | COMMUNITY    | LISTENING    |
| SEROTONIN        | WELLBEING     | WELLNESS     | RECOVERY     |
| INSOMNIA         | ADVOCACY      | DOPAMINE     | CORTISOL     |
| HOLISTIC         | DIALOGUE      | ANXIETY      | SUPPORT      |
| MINDSET          | BIPOLAR       | EMOTION      | BURNOUT      |
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| PTSD             | OCD           |              |              |