

Kickboxing Strike Techniques

Difficulty: Easy

P S J R B R B A L A N C E
U P A E F O O T S W E E P
N I B T J U M P C L P S A
C N F R O N T D O O R I X
H N J A W D K Z M E B D E
C I L C E H U C B L A E K
R N T T I O P R I B C K I
E G H I G U P O N O K I C
S H R O H S E S A W F C K
C O U N T E R S T R I K E
E O S T A N C E I M S A N
N K T E E P U J O N T M Y
T N C V E X T E N S I O N

Find these words:

COUNTERSTRIKE	SPINNINGHOOK	COMBINATION	ROUNDHOUSE
RETRACTION	FRONTDOOR	FOOTSWEEP	EXTENSION
SPINNING	UPPERCUT	SIDEKICK	BACKFIST
CRESCENT	AXEKICK	BALANCE	STANCE
THRUST	WEIGHT	ELBOW	CROSS
SWEEP	PUNCH	HOOK	TEEP
JUMP	JAB		