

Zen Yoga Poses And Stretches

Difficulty: Easy

S G J S S P H I N X L U E
P O B R I D G E J K J P C
C D L H T O T R E E F W O
O D O A R W M B A M O A B
R E C L I N I N G O R R R
P S U F A W E W L U W D A
S S S K N A X A E N A C L
E S T H G R T R P T R H O
S H O U L D E R I A D I T
D A N C E R N I G I J L U
D S E A T E D O E N U D S
I N T E N S E R O M A G N
R C S T A N D I N G Z F B

Find these words:

RECLINING	DOWNWARD	TRIANGLE	MOUNTAIN
SHOULDER	EXTENDED	STANDING	WARRIOR
FORWARD	GODDESS	INTENSE	BRIDGE
PIGEON	CORPSE	DANCER	LOCUST
SPHINX	SEATED	UPWARD	LOTUS
COBRA	CHILD	EAGLE	TREE
HALF			