

# Heat Transfer Cooking Methods

Difficulty: Hard

Y B B E M R M H F S D S A K U  
O O O A B W T R T Y O A N B D  
G J T Y K L Y E Z Y S U R R U  
N W S G O I A G L J U T V O G  
I G G I N M N N I F K E M X N  
S Q E G I I B G C D L I R N I  
I F K N T I R O I H M N M F H  
A Q G S Z Y U E I U I G W G C  
R A A G C W M F M L O N N N A  
B O X J P V X O T M I V G I O  
T L G N I L I O R B I N W T P  
B L S C O R C H I N G S G S F  
O G N I R R A H C D A T T A T  
G R I L L I N G I V U X C O X  
O T G M X X M W E O A T Y R V

Find these words:

SIMMERING  
BROILING  
STEAMING  
BRAISING  
BOILING

BLANCHING  
GRILLING  
POACHING  
CHARRING  
BAKING

SCORCHING  
ROASTING  
SAUTEING  
TOASTING  
FRYING