

Zen Yoga Pose Names

Difficulty: Medium

X Q O Z D E R M X H M M W P R
R W D P N D L C O B R A P O H
M K O L H A C L V U O J I Z L
C H W A L I B J P V N R L W U
B G N N E Y R G L C R T P W A
T O W K B Q I H L A V Z A N T
P K A M X H D S W W T Z O I B
O I R T C B G Q I L H E F V N
C F D X C D E A L J G M I E B
D C Z V L O O J L I G O Z K U
J W B I E P R E P J K L X B P
A J H E S T M P N C H O X P W
L C R F C A N F S M R T H D A
D T N T C K P V L E G U I U R
G Y B A V C H A I R C S J P D

Find these words:

DOWNWARD
BRIDGE
CORPSE
COBRA
PLANK

MOUNTAIN
UPWARD
LOTUS
CAMEL
TREE

WARRIOR
PIGEON
CHILD
CHAIR
BOAT