Aquatic Swimming Strokes

Difficulty: Medium

P R O P U L S I O N L
S F R G L I D E B W B
T I L E K C D U A F U
R S D U C I S R C R T
E O W E T O C W K E T
A P T J S T V K S E E
M U J A N T E E T S R
L L B O T V R R R T F
I L R Z C I N O O Y L
N F B C Z R O C K L Y
E T R U D G E N E E Q

Find these words:

BACKSTROKE
PROPULSION
BUTTERFLY
TRUDGEN
CRAWL
PULL
FRONTCRAWL
STREAMLINE
ROTATION
FLUTTER
GLIDE
SIDESTROKE
FREESTYLE
RECOVERY
STROKE
KICK