

Brain Training Exercises

Difficulty: Medium

F S T H J R V G F C L B V T E G W M E M O R Y B A L V N G T
K Z P M F B R A I N S T O R M F J B E Y J E Y G E L D E O Z
L P K T T Q N S Z X C W L W Z S Y I R H V A E D R L G U R I
U C R O S S W O R D O A V V A F S O T A J S E P H G K R L N
I M N E M O N I C S R B L C Y X B I R O I O K N P O Q O C D
M N O R C M E V V E T S B C O C O O E W I N O R D F S P X U
R I F L I O C K T F E T G Z U G E H N A D I W U E Y H L C C
N B N E I P G A F H X R Q B C L N O I H T N S A Q F Y A R T
F Y R D R V L N M B R A I N D R A I N A F G S Z V W P S G I
A L C U F E E A I E N C O D I N G T T U O C G M J E O T U O
S U I L Y U N L H T R T H Z J X G I I I A S S U M P T I O N
E C L Z F Z L C C J I I N C D L D G D O O G Y T V N H C O V
Y G O A K X B N E U R O S C I E N C E K N N V N M M E I F W
X Z W N B B M U E R I N N T M I Z D O C U Z H W A P S T X A
Y Q Z W C B P V O S O C N C D D G Q R O E C M X M P I Y D P
B S L U P E P M N V S G N O E Z M A L G O R I T H M S E W E
B Y T X C B N E X I A T C E D J M N H N B A E A B V Y E A X
W J G R J X H T E S H E P S U V E R T I C A L B P M X Q A N
R J M B A E R A R U D R E A C R I W Q T P E N T E Y J I T L
F I I A R T A C W A T T E N T I O N F I M P B A X L V B E X
M J M P C N E O E L T Q K X I T G N B V W D O I L I L H W L
T X M R L J Q G B I H I B L O F E X R E F N P C G Y M U A G
A O H T O Q A N Y Z J J O F N O D R C B O N M W A W S V M D
C A T E G O R I Z A T I O N T F B N N I C Z O M R M E I D S
T D N B I J E T B T R E C A L L E M T A U S T N U I P T S O
I M P C C O Q I Q I U B H R V U L N H S S D H E R F T U Q W
C P P S Y C H O L O G Y E R Q A E W C W S Y N T H E S I S W
I W N K H E W N U N Q Q S E T T D P U Z Z L E X C B W O Y X
A W N V X K T X G T P S S E E R A X K N R R O O F I B O B L
N N M E F M P Q G L M T A R Y C U E Y V B B K R K F P Y W J

Find these words:

NEUROPLASTICITY	CATEGORIZATION	CONCENTRATION	VISUALIZATION	COGNITIVEBIAS
METACOGNITION	COMPREHENSION	NEUROSCIENCE	MINDFULNESS	HIPPOCAMPUS
RECOGNITION	ABSTRACTION	CALCULATION	MEDITATION	CEREBELLUM
PSYCHOLOGY	BRAINRAIN	BRAINSTORM	ASSUMPTION	HYPOTHESIS
CROSSWORD	REASONING	ATTENTION	MNEMONICS	COGNITION
BRAINWAVE	DEDUCTION	INDUCTION	SYNTHESIS	RETRIEVAL
RETENTION	INFERENCE	ALGORITHM	TACTICIAN	VERTICAL
ANALYSIS	ENCODING	DECODING	SEQUENCE	STRATEGY
SYNAPSE	LATERAL	PATTERN	SUDOKU	PUZZLE
MEMORY	NEURON	CORTEX	RECALL	CHESS
LOGIC	FOCUS			

Brain Training Exercises - Answer Key

Difficulty: Medium

F S T H J R V G F C L B V T E G W M E M O R Y B A L V N G T
 K Z P M F B R A I N S T O R M F J B E Y J E Y G E L D E O Z
 L P K T T Q N S Z X C W L W Z S Y I R H V A E D R L G U R I
 U C R O S S W O R D O A V V A F S O T A J S E P H G K R L N
 I M N E M O N I C S R B L C Y X B I R O I O K N P O Q O C D
 M N O R C M E V V E T S B C O C O O E W I N O R D F S P X U
 R I F L I O C K T F E T G Z U G E H N A D I W U E Y H L C C
 N B N E I P G A F H X R Q B C L N O I H T N S A Q F Y A R T
 F Y R D R V L N M B R A I N D R A I N A F G S Z V W P S G I
 A L C U F E E A I E N C O D I N G T T U O C G M J E O T U O
 S U I L Y U N L H T R T H Z J X G I I A S S U M P T I O N
 E C L Z F Z L C C J I I N C D L D G D O O G Y T V N H C O V
 Y G O A K X B N E U R O S C I E N C E K N N V N M M E I F W
 X Z W N B B M U E R I N N T M I Z D O C U Z H W A P S T X A
 Y Q Z W C B P V O S O C N C D D G Q R O E C M X M P I Y D P
 B S L U P E P M N V S G N O E Z M A L G O R I T H M S E W E
 B Y T X C B N E X I A T C E D J M N H N B A E A B V Y E A X
 W J G R J X H T E S H E P S U V E R T I C A L B P M X Q A N
 R J M B A E R A R U D R E A C R I W Q T P E N T E Y J I T L
 F I I A R T A C W A T T E N T I O N F I M P B A X L V B E X
 M J M P C N E O E L T Q K X I T G N B V W D O I L I L H W L
 T X M R L J Q G B I H I B L O F E X R E F N P C G Y M U A G
 A O H T O Q A N Y Z J J O F N O D R C B O N M W A W S V M D
 C A T E G O R I Z A T I O N T F B N N I C Z O M R M E I D S
 T D N B I J E T B T R E C A L L E M T A U S T N U I P T S O
 I M P C C O Q I Q I U B H R V U L N H S S D H E R F T U Q W
 C P P S Y C H O L O G Y E R Q A E W C W S Y N T H E S I S W
 I W N K H E W N U N Q Q S E T T D P U Z Z L E X C B W O Y X
 A W N V X K T X G T P S S E E R A X K N R R O O F I B O B L
 N N M E F M P Q G L M T A R Y C U E Y V B B K R K F P Y W J

Words found:

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| METACOGNITION | COMPREHENSION | NEUROSCIENCE | MINDFULNESS | HIPPOCAMPUS |
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| BRAINWAVE | DEDUCTION | INDUCTION | SYNTHESIS | RETRIEVAL |
| RETENTION | INFERENCE | ALGORITHM | TACTICIAN | VERTICAL |
| ANALYSIS | ENCODING | DECODING | SEQUENCE | STRATEGY |
| SYNAPSE | LATERAL | PATTERN | SUDOKU | PUZZLE |
| MEMORY | NEURON | CORTEX | RECALL | CHESS |
| LOGIC | FOCUS | | | |