

International Day Of Self Care

Difficulty: Medium

F H D U O I B A T H I N G D Y O G A H D
A O G R O O M I N G R E A D I N G P Y E
C B Y R W B O U N D A R I E S B G A D M
I B H E A L I N G I A E R Y R A R M R U
A I F L L S S B S Y Y C N N D L A P A S
L E R A K U T M B T F O V S B A T E T I
A S E X I N U R I Q M V S U R N I R I C
U A J A N A R L E R R E F L E C T I O N
G N U T G T I F A T N R R J A E U N N U
H C V I W U Z H R L C Y L O T L D G Z T
T T E O Q R E R U N X H S U H O E U R R
E U N N V E R F O D W F I R I V X R V I
R A A E M E D I T A T I O N N I E E P T
F R T F C N S L E E P E J A G T R T U I
T Y I B I S E R E N I T Y L H A C R R O
A R O M A T H E R A P Y M I C L I E P N
A X N P P R E V E N T I O N C I S A O O
N J M I N D S E T T F D I G E T E T S H
K O M A S S A G E T M K I M L Y Z B E S
C N X O W E L L N E S S E N E R G Y N O

Find these words:

AROMATHERAPY	REJUVENATION	MINDFULNESS	TRANQUILITY
MOISTURIZER	MEDITATION	JOURNALING	STRETCHING
RELAXATION	REFLECTION	PREVENTION	BOUNDARIES
COMPASSION	BREATHING	NUTRITION	HYDRATION
GRATITUDE	PAMPERING	SANCTUARY	SKINCARE
EXERCISE	WELLNESS	SERENITY	GROOMING
RECOVERY	VITALITY	LAUGHTER	MASSAGE
BATHING	HEALING	THERAPY	BALANCE
HARMONY	RETREAT	MINDSET	PURPOSE
HOBBIES	WALKING	READING	FACIAL
ENERGY	NATURE	SLEEP	MUSIC
YOGA			

International Day Of Self Care - Answer Key

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